

Middle Distance Development Meet 2007 - 14/10/2007
Results

Event 1 Girls 9 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
2 Paige Mann	9	Hillingdon Swimming Club	6:04.92	5:52.18
	38.72	1:22.23 (43.51)	2:06.91 (44.68)	2:50.79 (43.88)
	3:36.16 (45.37)	4:22.26 (46.10)	5:08.69 (46.43)	5:52.18 (43.49)

Event 1 Girls 10 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
3 Lorraine Bouch	10	Hillingdon Swimming Club	5:44.44	5:43.27
	38.06	1:20.22 (42.16)	2:04.33 (44.11)	2:47.72 (43.39)
	3:31.76 (44.04)	4:16.22 (44.46)	5:01.15 (44.93)	5:43.27 (42.12)

Event 1 Girls 11 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
2 Jaycee Sibley	11	Hillingdon Swimming Club	5:17.48	5:10.16
	34.82	1:13.73 (38.91)	1:53.77 (40.04)	2:33.52 (39.75)
	3:13.00 (39.48)	3:52.91 (39.91)	4:32.89 (39.98)	5:10.16 (37.27)
3 Charlotte Jackson	11	Hillingdon Swimming Club	5:30.90	5:18.34
	34.99	1:13.78 (38.79)	1:53.46 (39.68)	2:34.02 (40.56)
	3:15.08 (41.06)	3:56.76 (41.68)	4:38.31 (41.55)	5:18.34 (40.03)
4 Sarah Procter	11	Hillingdon Swimming Club	5:30.00	5:22.35
	34.84	1:14.66 (39.82)	1:55.36 (40.70)	2:37.28 (41.92)
	3:19.55 (42.27)	4:01.22 (41.67)	4:42.88 (41.66)	5:22.35 (39.47)
5 Holly Esson	11	Hillingdon Swimming Club	5:33.00	5:24.18
	37.85	1:18.79 (40.94)	2:00.08 (41.29)	2:41.55 (41.47)
	3:22.65 (41.10)	4:04.13 (41.48)	4:45.64 (41.51)	5:24.18 (38.54)
6 Fiona McAndrew	11	Hillingdon Swimming Club	5:40.63	5:27.22
	37.69	1:19.03 (41.34)	2:01.23 (42.20)	2:42.98 (41.75)
	3:24.68 (41.70)	4:06.31 (41.63)	4:48.12 (41.81)	5:27.22 (39.10)
9 Kate Wilson	11	Hillingdon Swimming Club	5:50.00	5:32.76
	38.19	1:20.01 (41.82)	2:01.81 (41.80)	2:44.01 (42.20)
	3:26.18 (42.17)	4:09.29 (43.11)	4:51.54 (42.25)	5:32.76 (41.22)
12 Jenny L Hirst	11	Hillingdon Swimming Club	5:52.43	5:38.31
	38.93	1:21.19 (42.26)	2:04.04 (42.85)	2:47.49 (43.45)
	3:30.71 (43.22)	4:13.65 (42.94)	4:56.57 (42.92)	5:38.31 (41.74)
16 Hannah Page	11	Hillingdon Swimming Club	6:26.10	5:49.55
	37.61	1:21.61 (44.00)	2:07.07 (45.46)	2:51.93 (44.86)
	3:37.56 (45.63)	4:23.08 (45.52)	5:06.83 (43.75)	5:49.55 (42.72)
17 Katie Tuff	11	Hillingdon Swimming Club	6:13.06	5:52.20
	38.54	1:22.23 (43.69)	2:07.58 (45.35)	2:53.60 (46.02)
	3:39.43 (45.83)	4:24.90 (45.47)	5:11.43 (46.53)	5:52.20 (40.77)

Middle Distance Development Meet 2007 - 14/10/2007**Results**

20	Charlotte Norman	11	Hillingdon Swimming Club	6:17.11	6:08.11
	40.08	1:26.10 (46.02)	2:12.83 (46.73)	3:00.71 (47.88)	
	3:47.36 (46.65)	4:35.76 (48.40)	5:23.31 (47.55)	6:08.11 (44.80)	

Event 1 Girls 12 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Karley J Mann	12	Hillingdon Swimming Club	4:46.47	4:37.84
	31.25	1:04.88 (33.63)	1:40.25 (35.37)	2:16.04 (35.79)
	2:51.79 (35.75)	3:27.48 (35.69)	4:03.60 (36.12)	4:37.84 (34.24)
6 Shannen Fisher	12	Hillingdon Swimming Club	5:21.61	5:05.35
	34.28	1:12.74 (38.46)	1:51.33 (38.59)	2:30.27 (38.94)
	3:09.07 (38.80)	3:48.14 (39.07)	4:27.34 (39.20)	5:05.35 (38.01)
8 Bethany J Ellison-Perrett	12	Hillingdon Swimming Club	5:12.83	5:12.35
	35.95	1:14.61 (38.66)	1:54.18 (39.57)	2:33.97 (39.79)
	3:14.10 (40.13)	3:54.19 (40.09)	4:34.36 (40.17)	5:12.35 (37.99)
11 Lucy J Taplin	12	Hillingdon Swimming Club	5:20.32	5:17.35
	34.29	1:13.41 (39.12)	1:53.72 (40.31)	2:34.68 (40.96)
	3:15.52 (40.84)	3:56.34 (40.82)	4:38.03 (41.69)	5:17.35 (39.32)

(Event 1 Girls 12 Year Olds 400 SC Meter Freestyle)

Name	Age	Team	Seed Time	Finals Time
16 Rachael Neal	12	Hillingdon Swimming Club	5:45.00	5:41.43
	35.86	1:17.57 (41.71)	2:02.96 (45.39)	2:48.08 (45.12)
	3:30.32 (42.24)	4:15.71 (45.39)	5:00.50 (44.79)	5:41.43 (40.93)

Event 1 Girls 13 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
3 Katherine S Neal	13	Hillingdon Swimming Club	5:05.00	4:59.23
	33.85	1:10.95 (37.10)	1:48.12 (37.17)	2:26.17 (38.05)
	3:04.36 (38.19)	3:43.07 (38.71)	4:21.59 (38.52)	4:59.23 (37.64)
6 Emma Harrington	13	Hillingdon Swimming Club	5:08.94	5:10.85
	34.51	1:12.67 (38.16)	1:51.94 (39.27)	2:32.01 (40.07)
	3:12.30 (40.29)	3:51.95 (39.65)	4:32.23 (40.28)	5:10.85 (38.62)

Event 1 Girls 14 & Over 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Francesca Marr	14	Hillingdon Swimming Club	4:34.30	4:37.99
	30.97	1:04.79 (33.82)	1:39.93 (35.14)	2:15.52 (35.59)
	2:51.37 (35.85)	3:27.77 (36.40)	4:04.00 (36.23)	4:37.99 (33.99)
2 Holly A Elderfield	15	Hillingdon Swimming Club	4:50.00	4:51.74
	32.61	1:08.35 (35.74)	1:45.53 (37.18)	2:23.21 (37.68)
	3:00.75 (37.54)	3:38.83 (38.08)	4:16.31 (37.48)	4:51.74 (35.43)
3 Sophie Wilson	14	Hillingdon Swimming Club	4:50.00	4:51.76

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	34.28	1:09.54 (35.26)	1:45.22 (35.68)	2:21.56 (36.34)	
	2:59.11 (37.55)	3:36.88 (37.77)	4:14.75 (37.87)	4:51.76 (37.01)	
6 Elizabeth McGowan		15 Hillingdon Swimming Club		5:45.00	5:04.24
	35.37	1:13.14 (37.77)	1:52.17 (39.03)	2:30.35 (38.18)	
	3:08.49 (38.14)	3:46.83 (38.34)	4:25.88 (39.05)	5:04.24 (38.36)	
7 Liana L Gore		14 Hillingdon Swimming Club		5:14.54	5:21.17
	35.38	1:14.24 (38.86)	1:54.65 (40.41)	2:34.86 (40.21)	
	3:15.89 (41.03)	3:57.54 (41.65)	4:39.78 (42.24)	5:21.17 (41.39)	

Event 2 Boys 10 Year Olds 400 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
3 George Prunty	10	Hillingdon Swimming Club	7:30.63	6:53.61
	45.77	1:48.13 (1:02.36)	2:36.54 (48.41)	3:25.60 (49.06)
	4:26.36 (1:00.76)	5:25.80 (59.44)	6:09.48 (43.68)	6:53.61 (44.13)

Event 2 Boys 11 Year Olds 400 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
4 Callum C Mitchell	11	Hillingdon Swimming Club	6:25.00	6:15.97
	43.30	1:34.76 (51.46)	2:18.01 (43.25)	3:03.14 (45.13)
	3:57.16 (54.02)	4:53.51 (56.35)	5:36.00 (42.49)	6:15.97 (39.97)

Event 2 Boys 12 Year Olds 400 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1 Adam J Wood	12	Hillingdon Swimming Club	5:29.00	5:27.26
	36.20	1:18.28 (42.08)	1:57.96 (39.68)	2:36.76 (38.80)
	3:24.80 (48.04)	4:13.52 (48.72)	4:50.77 (37.25)	5:27.26 (36.49)
6 Adam J Prunty	12	Hillingdon Swimming Club	5:39.35	5:48.92
	36.77	1:19.79 (43.02)	2:02.76 (42.97)	2:46.79 (44.03)
	3:37.19 (50.40)	4:29.33 (52.14)	5:09.71 (40.38)	5:48.92 (39.21)
7 Lucas Navarro	12	Hillingdon Swimming Club	5:49.69	5:59.63
	39.32	1:24.35 (45.03)	2:11.21 (46.86)	2:57.94 (46.73)
	3:46.82 (48.88)	4:37.23 (50.41)	5:19.61 (42.38)	5:59.63 (40.02)
10 James McGowan	12	Hillingdon Swimming Club	7:07.35	6:19.41
	41.63	1:32.49 (50.86)	2:20.78 (48.29)	3:09.68 (48.90)
	4:02.08 (52.40)	4:55.18 (53.10)	5:39.76 (44.58)	6:19.41 (39.65)

Event 2 Boys 13 Year Olds 400 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
2 Marco Navarro	13	Hillingdon Swimming Club	5:35.89	5:38.98
	35.79	1:17.58 (41.79)	2:00.09 (42.51)	2:42.84 (42.75)
	3:31.59 (48.75)	4:20.43 (48.84)	4:59.95 (39.52)	5:38.98 (39.03)

Middle Distance Development Meet 2007 - 14/10/2007**Results****Event 2 Boys 14 & Over 400 SC Meter IM**

Name	Age	Team	Seed Time	Finals Time
1 Oliver J Green	16	Hillingdon Swimming Club	5:10.57	5:05.29
32.74	1:10.82 (38.08)	1:48.32 (37.50)	2:26.88 (38.56)	
3:11.77 (44.89)	3:56.83 (45.06)	4:31.30 (34.47)	5:05.29 (33.99)	
3 Ricky G James	16	Hillingdon Swimming Club	5:30.01	5:13.16
31.63	1:10.65 (39.02)	1:51.60 (40.95)	2:31.99 (40.39)	
3:16.41 (44.42)	4:02.65 (46.24)	4:38.58 (35.93)	5:13.16 (34.58)	
4 Faisal M Bhatti	14	Hillingdon Swimming Club	5:24.31	5:16.06
33.00	1:12.43 (39.43)	1:52.90 (40.47)	2:33.66 (40.76)	
3:17.08 (43.42)	4:02.37 (45.29)	4:40.24 (37.87)	5:16.06 (35.82)	
5 Jack Diggins	15	Hillingdon Swimming Club	5:24.68	5:17.21
33.68	1:14.79 (41.11)	1:56.04 (41.25)	2:38.05 (42.01)	
3:20.93 (42.88)	4:05.58 (44.65)	4:42.04 (36.46)	5:17.21 (35.17)	
6 Tom Randall	14	Hillingdon Swimming Club	5:28.35	5:22.63
33.43	1:11.76 (38.33)	1:51.10 (39.34)	2:31.24 (40.14)	
3:21.06 (49.82)	4:11.16 (50.10)	4:46.75 (35.59)	5:22.63 (35.88)	
7 James A Williamson	16	Hillingdon Swimming Club	5:23.00	5:27.27
35.08	1:17.18 (42.10)	1:57.68 (40.50)	2:38.90 (41.22)	
3:24.05 (45.15)	4:11.98 (47.93)	4:50.87 (38.89)	5:27.27 (36.40)	
8 Nicolas A Smith	15	Hillingdon Swimming Club	5:32.08	5:32.48
33.18	1:10.09 (36.91)	1:54.17 (44.08)	2:38.02 (43.85)	
3:28.94 (50.92)	4:19.15 (50.21)	4:56.28 (37.13)	5:32.48 (36.20)	
10 Peter C Smart	14	Hillingdon Swimming Club	6:00.00	5:55.19
37.74	1:21.50 (43.76)	2:03.74 (42.24)	2:46.42 (42.68)	
3:43.77 (57.35)	4:39.34 (55.57)	5:18.84 (39.50)	5:55.19 (36.35)	
--- Matthew Tuff	16	Hillingdon Swimming Club	5:11.12	DQ
33.88	1:14.04 (40.16)	1:51.73 (37.69)	2:29.10 (37.37)	
3:13.83 (44.73)	3:59.57 (45.74)	4:34.02 (34.45)	DQ (31.73)	

Event 3 Girls 9 Year Olds 200 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
4 Casey J Fisher	9	Hillingdon Swimming Club	4:05.00	3:37.89
55.08	1:48.90 (53.82)	2:48.89 (59.99)	3:37.89 (49.00)	

Event 3 Girls 11 Year Olds 200 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
2 Jenny L Hirst	11	Hillingdon Swimming Club	3:03.66	2:58.72
41.51	1:26.47 (44.96)	2:19.61 (53.14)	2:58.72 (39.11)	
4 Charlotte Jackson	11	Hillingdon Swimming Club	3:06.61	3:04.66
43.13	1:29.85 (46.72)	2:25.02 (55.17)	3:04.66 (39.64)	

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10	Katie Tuff	11	Hillingdon Swimming Club	3:24.33	3:15.63
	45.03	1:34.33 (49.30)	2:34.61 (1:00.28)	3:15.63 (41.02)	
11	Charlotte Norman	11	Hillingdon Swimming Club	3:20.00	3:16.64
	47.00	1:32.47 (45.47)	2:32.57 (1:00.10)	3:16.64 (44.07)	

Event 3 Girls 12 Year Olds 200 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
13 Rachael Neal	12	Hillingdon Swimming Club	3:10.00	3:13.76
	42.85	1:30.62 (47.77)	2:31.75 (1:01.13)	3:13.76 (42.01)

Event 4 Boys 9 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
2 Leighton Jones	9	Hillingdon Swimming Club	7:00.00	6:22.57
	41.54	1:29.98 (48.44)	2:18.95 (48.97)	3:07.84 (48.89)
	3:57.84 (50.00)	4:46.61 (48.77)	5:36.11 (49.50)	6:22.57 (46.46)
5 Michael Gill	9	Hillingdon Swimming Club	7:40.00	6:38.09
	45.57	1:35.67 (50.10)	2:27.68 (52.01)	3:20.00 (52.32)
	4:10.71 (50.71)	5:02.16 (51.45)	5:53.34 (51.18)	6:38.09 (44.75)

Event 4 Boys 10 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
2 Jamie Woodman	10	Hillingdon Swimming Club	5:34.67	5:35.88
	36.75	1:18.29 (41.54)	2:00.27 (41.98)	2:43.52 (43.25)
	3:26.53 (43.01)	4:09.84 (43.31)	4:53.49 (43.65)	5:35.88 (42.39)
4 Harry Jukes	10	Hillingdon Swimming Club	5:58.61	5:51.03
	38.52	1:23.37 (44.85)	2:09.44 (46.07)	2:54.02 (44.58)
	3:39.22 (45.20)	4:24.12 (44.90)	5:08.36 (44.24)	5:51.03 (42.67)
7 George Prunty	10	Hillingdon Swimming Club	6:20.69	6:04.73
	40.79	1:27.10 (46.31)	2:15.33 (48.23)	3:03.47 (48.14)
	3:50.63 (47.16)	4:37.14 (46.51)	5:22.78 (45.64)	6:04.73 (41.95)
9 Danny Nelson	10	Hillingdon Swimming Club	6:25.00	6:23.57
	40.58	1:28.82 (48.24)	2:18.48 (49.66)	3:08.28 (49.80)
	3:58.41 (50.13)	4:48.41 (50.00)	5:37.48 (49.07)	6:23.57 (46.09)
10 Harry Jackson	10	Hillingdon Swimming Club	6:40.00	6:23.79
	40.80	1:27.61 (46.81)	2:17.43 (49.82)	3:06.63 (49.20)
	3:56.18 (49.55)	4:46.58 (50.40)	5:37.79 (51.21)	6:23.79 (46.00)
12 Arthur Stone	10	Hillingdon Swimming Club	6:20.00	6:26.85
	41.09	1:29.63 (48.54)	2:20.05 (50.42)	3:08.09 (48.04)
	3:57.57 (49.48)	4:49.01 (51.44)	5:39.29 (50.28)	6:26.85 (47.56)
14 Jordan Fairclough	10	Hillingdon Swimming Club	6:42.39	6:38.16
	43.65	1:35.07 (51.42)	2:26.66 (51.59)	3:17.98 (51.32)

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4:09.08 (51.10)	5:01.02 (51.94)	5:52.74 (51.72)	6:38.16 (45.42)	
--- Sarah Harrington	10 Hillingdon Swimming Club		NT	X5:36.00

36.36	1:17.93 (41.57)	2:00.75 (42.82)	2:43.77 (43.02)
3:27.08 (43.31)	4:10.56 (43.48)	4:51.48 (40.92)	5:36.00 (44.52)

Event 4 Boys 11 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
5 Callum C Mitchell	11	Hillingdon Swimming Club	5:30.00	5:28.55
36.70	1:17.80 (41.10)	1:59.38 (41.58)	2:41.60 (42.22)	
3:24.10 (42.50)	4:06.93 (42.83)	4:49.17 (42.24)	5:28.55 (39.38)	
6 Fravash Bilimoria	11	Hillingdon Swimming Club	5:41.94	5:29.80
35.70	1:16.51 (40.81)	1:58.53 (42.02)	2:40.30 (41.77)	
3:23.45 (43.15)	4:07.11 (43.66)	4:49.39 (42.28)	5:29.80 (40.41)	
7 George Sadler	11	Hillingdon Swimming Club	5:40.00	5:39.95
37.09	1:19.88 (42.79)	2:02.85 (42.97)	2:45.48 (42.63)	
3:30.07 (44.59)	4:13.32 (43.25)	4:58.12 (44.80)	5:39.95 (41.83)	
10 Joel Perrett	11	Hillingdon Swimming Club	6:01.08	5:48.44
38.43	1:23.61 (45.18)	2:08.89 (45.28)	2:53.66 (44.77)	
3:38.57 (44.91)	4:24.56 (45.99)	5:08.02 (43.46)	5:48.44 (40.42)	
13 Nicolas Gore	11	Hillingdon Swimming Club	6:11.71	5:56.82
38.20	1:23.34 (45.14)	2:10.27 (46.93)	2:56.06 (45.79)	
3:41.72 (45.66)	4:27.99 (46.27)	5:14.29 (46.30)	5:56.82 (42.53)	
14 Lewis Newman	11	Hillingdon Swimming Club	6:15.00	6:06.21
38.42	1:24.27 (45.85)	2:11.37 (47.10)	2:58.84 (47.47)	
3:47.32 (48.48)	4:36.82 (49.50)	5:23.54 (46.72)	6:06.21 (42.67)	

Event 4 Boys 12 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
2 Adam J Wood	12	Hillingdon Swimming Club	4:50.00	4:47.62
32.79	1:08.68 (35.89)	1:45.80 (37.12)	2:22.50 (36.70)	
2:59.59 (37.09)	3:36.46 (36.87)	4:12.82 (36.36)	4:47.62 (34.80)	
6 Adam J Prunty	12	Hillingdon Swimming Club	5:14.36	5:02.72
34.43	1:12.72 (38.29)	1:51.53 (38.81)	2:30.08 (38.55)	
3:08.50 (38.42)	3:46.79 (38.29)	4:25.70 (38.91)	5:02.72 (37.02)	
7 Lucas Navarro	12	Hillingdon Swimming Club	5:25.21	5:16.46
35.67	1:15.59 (39.92)	1:56.48 (40.89)	2:37.40 (40.92)	
3:17.84 (40.44)	3:58.18 (40.34)	4:38.78 (40.60)	5:16.46 (37.68)	
11 James McGowan	12	Hillingdon Swimming Club	6:23.77	5:38.59
37.15	1:18.09 (40.94)	2:01.11 (43.02)	2:44.08 (42.97)	
3:28.06 (43.98)	4:11.48 (43.42)	4:55.71 (44.23)	5:38.59 (42.88)	

Event 4 Boys 13 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
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Results

2	Marco Navarro	13	Hillingdon Swimming Club	5:09.73	5:03.94
	33.63	1:11.53 (37.90)	1:49.98 (38.45)	2:28.92 (38.94)	
	3:07.70 (38.78)	3:46.90 (39.20)	4:26.25 (39.35)	5:03.94 (37.69)	

Event 4 Boys 14 & Over 400 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
2	Matthew Tuff	16	Hillingdon Swimming Club	4:26.66	4:24.61
	29.67	1:02.23 (32.56)	1:35.89 (33.66)	2:09.86 (33.97)	
	2:44.07 (34.21)	3:18.17 (34.10)	3:52.24 (34.07)	4:24.61 (32.37)	
3	Oliver J Green	16	Hillingdon Swimming Club	4:32.39	4:28.22
	29.83	1:02.93 (33.10)	1:36.80 (33.87)	2:11.25 (34.45)	
	2:45.77 (34.52)	3:20.42 (34.65)	3:54.91 (34.49)	4:28.22 (33.31)	
5	James A Williamson	16	Hillingdon Swimming Club	4:36.00	4:31.14
	30.70	1:04.69 (33.99)	1:39.07 (34.38)	2:14.03 (34.96)	
	2:48.83 (34.80)	3:23.68 (34.85)	3:58.23 (34.55)	4:31.14 (32.91)	
7	Ricky G James	16	Hillingdon Swimming Club	4:48.86	4:39.38
	31.66	1:07.06 (35.40)	1:43.13 (36.07)	2:18.86 (35.73)	
	2:54.42 (35.56)	3:30.62 (36.20)	4:06.06 (35.44)	4:39.38 (33.32)	
10	Jack Diggins	15	Hillingdon Swimming Club	4:47.99	4:43.55
	32.16	1:08.22 (36.06)	1:44.66 (36.44)	2:21.15 (36.49)	
	2:57.87 (36.72)	3:34.14 (36.27)	4:10.13 (35.99)	4:43.55 (33.42)	
11	Nicolas A Smith	15	Hillingdon Swimming Club	4:48.56	4:43.92
	32.14	1:08.20 (36.06)	1:44.85 (36.65)	2:21.78 (36.93)	
	2:58.39 (36.61)	3:34.96 (36.57)	4:11.11 (36.15)	4:43.92 (32.81)	
13	Tom Randall	14	Hillingdon Swimming Club	4:49.90	4:47.60
	32.85	1:08.67 (35.82)	1:45.40 (36.73)	2:22.27 (36.87)	
	2:59.09 (36.82)	3:36.37 (37.28)	4:12.44 (36.07)	4:47.60 (35.16)	
14	Faisal M Bhatti	14	Hillingdon Swimming Club	4:50.11	4:53.72
	32.12	1:08.58 (36.46)	1:46.14 (37.56)	2:23.70 (37.56)	
	3:01.14 (37.44)	3:39.08 (37.94)	4:16.92 (37.84)	4:53.72 (36.80)	
15	Peter C Smart	14	Hillingdon Swimming Club	5:00.00	5:02.84
	33.20	1:11.93 (38.73)	1:50.77 (38.84)	2:30.05 (39.28)	
	3:08.69 (38.64)	3:47.59 (38.90)	4:26.64 (39.05)	5:02.84 (36.20)	

Event 5 Girls 9 Year Olds 400 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
2	Paige Mann	9	Hillingdon Swimming Club	6:48.99	6:53.09
	50.34	1:51.57 (1:01.23)	2:41.77 (50.20)	3:31.76 (49.99)	
	4:27.84 (56.08)	5:24.45 (56.61)	6:09.91 (45.46)	6:53.09 (43.18)	

Event 5 Girls 10 Year Olds 400 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
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Middle Distance Development Meet 2007 - 14/10/2007
Results

1	Sarah Harrington	10	Hillingdon Swimming Club	6:40.00	6:06.56
	40.73	1:29.01 (48.28)	2:14.19 (45.18)	3:00.09 (45.90)	
	3:52.61 (52.52)	4:43.76 (51.15)	5:26.21 (42.45)	6:06.56 (40.35)	
6	Lorraine Bouch	10	Hillingdon Swimming Club	6:26.85	6:34.16
	44.94	1:40.36 (55.42)	2:30.53 (50.17)	3:20.01 (49.48)	
	4:11.66 (51.65)	5:06.50 (54.84)	5:52.53 (46.03)	6:34.16 (41.63)	

Event 5 Girls 11 Year Olds 400 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
2	Jaycee Sibley	11	Hillingdon Swimming Club	6:08.49	5:59.23
	40.69	1:30.27 (49.58)	2:12.83 (42.56)	2:56.19 (43.36)	
	3:49.04 (52.85)	4:42.44 (53.40)	5:21.83 (39.39)	5:59.23 (37.40)	
3	Sarah Procter	11	Hillingdon Swimming Club	6:15.00	5:59.42
	38.12	1:24.54 (46.42)	2:10.52 (45.98)	2:55.44 (44.92)	
	3:45.17 (49.73)	4:36.65 (51.48)	5:19.37 (42.72)	5:59.42 (40.05)	
4	Kate Wilson	11	Hillingdon Swimming Club	6:25.00	6:08.02
	38.36	1:24.61 (46.25)	2:10.30 (45.69)	2:56.83 (46.53)	
	3:50.02 (53.19)	4:44.03 (54.01)	5:27.51 (43.48)	6:08.02 (40.51)	
6	Holly Esson	11	Hillingdon Swimming Club	6:30.00	6:12.65
	44.75	1:36.88 (52.13)	2:23.71 (46.83)	3:10.39 (46.68)	
	4:01.79 (51.40)	4:54.11 (52.32)	5:34.63 (40.52)	6:12.65 (38.02)	
7	Fiona McAndrew	11	Hillingdon Swimming Club	6:56.30	6:14.35
	45.58	1:37.43 (51.85)	2:24.54 (47.11)	3:12.77 (48.23)	
	4:02.97 (50.20)	4:53.50 (50.53)	5:34.98 (41.48)	6:14.35 (39.37)	
15	Hannah Page	11	Hillingdon Swimming Club	6:30.54	6:50.99
	49.46	1:50.12 (1:00.66)	2:37.64 (47.52)	3:27.17 (49.53)	
	4:25.04 (57.87)	5:24.68 (59.64)	6:07.61 (42.93)	6:50.99 (43.38)	

Event 5 Girls 12 Year Olds 400 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Karley J Mann	12	Hillingdon Swimming Club	5:22.09	5:13.38
	34.50	1:13.11 (38.61)	1:52.19 (39.08)	2:31.48 (39.29)	
	3:17.27 (45.79)	4:02.47 (45.20)	4:37.83 (35.36)	5:13.38 (35.55)	
4	Shannen Fisher	12	Hillingdon Swimming Club	6:03.61	5:47.09
	39.22	1:25.29 (46.07)	2:09.15 (43.86)	2:51.73 (42.58)	
	3:41.69 (49.96)	4:30.19 (48.50)	5:09.39 (39.20)	5:47.09 (37.70)	
6	Bethany J Ellison-Perrett	12	Hillingdon Swimming Club	6:11.51	6:03.90
	40.30	1:25.00 (44.70)	2:12.97 (47.97)	3:00.21 (47.24)	
	3:52.57 (52.36)	4:46.11 (53.54)	5:26.46 (40.35)	6:03.90 (37.44)	
7	Lucy J Taplin	12	Hillingdon Swimming Club	6:12.25	6:04.58
	43.12	1:33.68 (50.56)	2:18.19 (44.51)	3:02.16 (43.97)	

Middle Distance Development Meet 2007 - 14/10/2007**Results**

3:54.28 (52.12) 4:46.08 (51.80) 5:26.49 (40.41) 6:04.58 (38.09)

Event 5 Girls 13 Year Olds 400 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
4 Katherine S Neal	13	Hillingdon Swimming Club	6:00.00	5:45.16
	37.20	1:20.21 (43.01)	2:03.26 (43.05)	2:45.83 (42.57)
	3:39.64 (53.81)	4:31.63 (51.99)	5:08.90 (37.27)	5:45.16 (36.26)
5 Emma Harrington	13	Hillingdon Swimming Club	6:04.26	6:00.08
	40.56	1:29.57 (49.01)	2:12.85 (43.28)	2:56.65 (43.80)
	3:48.93 (52.28)	4:41.30 (52.37)	5:22.21 (40.91)	6:00.08 (37.87)

Event 5 Girls 14 & Over 400 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1 Francesca Marr	14	Hillingdon Swimming Club	4:56.93	5:03.89
	32.66	1:09.63 (36.97)	1:50.00 (40.37)	2:29.28 (39.28)
	3:12.04 (42.76)	3:53.77 (41.73)	4:29.33 (35.56)	5:03.89 (34.56)

(Event 5 Girls 14 & Over 400 SC Meter IM)

Name	Age	Team	Seed Time	Finals Time
2 Sophie Wilson	14	Hillingdon Swimming Club	5:20.00	5:13.78
	35.32	1:13.67 (38.35)	1:54.40 (40.73)	2:35.77 (41.37)
	3:18.48 (42.71)	4:01.77 (43.29)	4:39.21 (37.44)	5:13.78 (34.57)
4 Holly A Elderfield	15	Hillingdon Swimming Club	5:30.00	5:31.01
	33.38	1:11.70 (38.32)	1:56.93 (45.23)	2:41.45 (44.52)
	3:28.34 (46.89)	4:15.85 (47.51)	4:54.99 (39.14)	5:31.01 (36.02)
7 Elizabeth McGowan	15	Hillingdon Swimming Club	5:51.00	5:48.45
	38.85	1:26.00 (47.15)	2:08.79 (42.79)	2:50.95 (42.16)
	3:42.25 (51.30)	4:32.48 (50.23)	5:11.01 (38.53)	5:48.45 (37.44)
8 Liana L Gore	14	Hillingdon Swimming Club	6:12.58	6:08.20
	41.86	1:31.99 (50.13)	2:16.95 (44.96)	3:02.31 (45.36)
	3:55.49 (53.18)	4:48.30 (52.81)	5:28.59 (40.29)	6:08.20 (39.61)

Event 6 Boys 9 Year Olds 200 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
2 Leighton Jones	9	Hillingdon Swimming Club	4:20.00	3:35.06
	49.46	1:44.44 (54.98)	2:47.90 (1:03.46)	3:35.06 (47.16)
--- Michael Gill	9	Hillingdon Swimming Club	4:10.00	DQ
	1:04.20	2:01.46 (57.26)	3:06.39 (1:04.93)	DQ (47.77)

Event 6 Boys 10 Year Olds 200 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
3 Harry Jukes	10	Hillingdon Swimming Club	3:08.78	3:18.17

Middle Distance Development Meet 2007 - 14/10/2007**Results**

	43.17	1:32.88 (49.71)	2:34.55 (1:01.67)	3:18.17 (43.62)	
4	Danny Nelson	10	Hillingdon Swimming Club	3:19.63	3:23.78
	48.98	1:37.87 (48.89)	2:39.30 (1:01.43)	3:23.78 (44.48)	
6	Harry Jackson	10	Hillingdon Swimming Club	3:37.49	3:32.02
	53.45	1:44.70 (51.25)	2:47.40 (1:02.70)	3:32.02 (44.62)	

Event 6 Boys 11 Year Olds 200 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Fravash Bilimoria	11	Hillingdon Swimming Club	2:55.58	2:50.19
	39.24	1:25.11 (45.87)	2:11.52 (46.41)	2:50.19 (38.67)	
7	Lewis Newman	11	Hillingdon Swimming Club	3:21.00	3:09.62
	43.68	1:32.37 (48.69)	2:28.53 (56.16)	3:09.62 (41.09)	
8	George Sadler	11	Hillingdon Swimming Club	3:05.00	3:11.31
	44.60	1:30.97 (46.37)	2:30.23 (59.26)	3:11.31 (41.08)	
9	Joel Perrett	11	Hillingdon Swimming Club	3:34.29	3:15.25
	45.54	1:34.26 (48.72)	2:34.43 (1:00.17)	3:15.25 (40.82)	
11	Nicolas Gore	11	Hillingdon Swimming Club	3:23.31	3:21.37
	47.12	1:35.83 (48.71)	2:39.74 (1:03.91)	3:21.37 (41.63)	